

xRide®

XR6000 XR6000s

THE ULTIMATE RECUMBENT WORKOUT

Offer comfortable challenges and variety in workouts with the unique xRide® recumbent elliptical, which delivers incredible effectiveness to exercisers of different ages and fitness levels.

OCTANE ADVANTAGES

- Total-body HIIT workouts
- PowerStroke™ technology
- Active Seat Position™
- Upper/lower-body isolation
- Step-through design

OVERSIZED PLATFORM

Sturdy foundation when getting on and off the machine

ENTERTAINMENT OPTIONS

Choose from a smart or standard console plus a personal viewing screen or 900 Mhz

STATIONARY FOOT PEGS

Periodically isolate the upper body by taking the legs out of the action

xR6000 shown



POWERSTROKE™

Facilitates leg extension to engage more muscles, burn calories and help achieve optimal results from a seated position.



CUSTOMIZED COMFORT

The Active Seat Position™ is designed for different size exercisers by offering multiple tilt and height adjustments for the perfect fit and superior comfort.



SWIVEL SEAT

To maximize ease of entry and exit, the swivel seat turns 210 degrees to comfortably accommodate exercisers.



UPPER AND LOWER-BODY ISOLATION

Users can complete total-body workouts, or exclusively target their upper or lower body during intervals for variety.

xR6000 and xR6000s SPECIFICATIONS

• Standard ○ Optional

KEY MECHANICAL FEATURES

Swivel seat	R6000s only
Side platforms	R6000s only
Oversize platform	•
Step-through design	•
Oversized soft grip pedals	•
Stationary footpegs	•
Seat height adjustments	20
Seat tilt adjustments	•
MultiGrip™ handlebars	•
Stationary handlebars	•
Phone holder	•
Water bottle holder	•
Tablet/reading rack*	•
Transport wheels	•
Pedal straps	○

ELECTRONIC FEATURES

Resistance levels	30
Digital contact heart rate on stationary handlebars	•
Wireless heart rate ready (ANT+™ and Polar®)	•
Fingertip controls on stationary handles	•
Console fan (3 speeds)	•
Self-powered (standard console only)	•
Mobile device charging via USB port	•
Replaceable headphone jack	•
CSAFE®	•

CONSOLE OPTIONS

Smart	10" (25.4 cm) capacitive touch screen
Standard	Large LED display with integrated capacitive buttons

ENTERTAINMENT OPTIONS

LG TV	○
Wireless 900 Mhz	○

WORKOUTS

Number of programs	14
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PRESET PROGRAMS

Manual	•
Random	•
Interval	•
Hill	•
Distance goal	•
Calorie goal	•

HEART RATE-CONTROLLED PROGRAMS

Fat Burn	•
Heart Rate Interval	•
Heart Rate Hill	•
Heart Rate Speed Interval	•

ADVANCED PROGRAMS

30:30 Interval	•
MMA	•
Constant Watts	•
Constant METs	•

WORKOUT BOOSTERS

X-Mode™	•
Leg Press	•
Chest Press	•

PRODUCT SPECIFICATIONS

Max user weight	400 lbs (181 kg)
Footprint (W x L)	35" x 72" (89 cm x 182 cm)
Product weight	320 lbs (145 kg)

WARRANTY

Frame	Lifetime
Parts	3 years
Labor	1 year

PUSH/PULL

Fully engage the chest, back and arm muscles with a long range of motion when pushing and pulling

SWIVEL SEAT

Simplifies entry and exit with multiple height and tilt adjustments to maximize ease of use, comfort and proper positioning

ACTIVE SEAT POSITION™

Multiple height and tilt adjustments open up the torso and maximize the use of the hip muscles

MULTIGRIP HANDLES

More effectively activate the upper body and offer multiple hand placement options

ADVANCED HIIT WORKOUTS

Challenging programs, such as MMA, 30:30 and HR Interval, maximize efforts and results



Swivel Seat

xR6000s shown

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